

# GROUP CLASSES

email registration required for any new students

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Youth 1</b> 5-8 year olds		4:30 PM	5:15 PM	4:30 PM	5:15 PM		9:00 AM
<b>Youth 2</b> 9-13 year olds		5:15 PM	4:30 PM	5:15 PM	4:30 PM		10:00 AM
<b>Adult Fundamentals</b>		6:00 PM – gi	7:15 PM – no gi	6:00 PM – gi	7:15 PM – no gi		
<b>Adult Advanced</b>		12:00 PM – gi 7:00 PM – gi	12:00 PM – gi 6:00 PM – gi	12:00 PM – no gi 7:00 PM – gi	12:00 PM – gi 6:00 PM – gi		11:00 AM – gi
<b>Adult Open Mat</b>	11:00 AM – gi & no gi					12:00 PM – gi	

# PRIVATE LESSONS

email to schedule by 8pm the night before | If you do not see a time that suites you, simply email us your request.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Youth</b> \$65 for 1/2 hour		10:45 AM	10:45 AM	10:45 AM	10:45 AM		
<b>Adult</b> \$125 for 1 hour							